



Teambuilding/ Working successfully with others

For many postdoctoral positions it is highly desirable to have experience of working in teams. Funding bodies are particularly interested in the possibilities of interdisciplinary teams working together to address highly complex issues. Beyond the research environment being able to work well with others is a great advantage and can lead to increasing opportunities.

This full-day workshop employs a mixture of theory, practice and reflection to explore successful team-based working. Tools and techniques covered include:

- Introductions, disclosure and storytelling
- Establishing team objectives
- Team roles and responsibilities
- Tuckman's model of group development
- Leadership
- Practical teamwork challenges
- Models for group reflection
- Giving and receiving feedback

This experiential workshop serves a laboratory to learn about teamwork by doing it and reflecting on our actions to draw out the learning. By the end of this workshop you will have a deeper understanding of how you work within a team, your preferred role(s) plus practical things you can do to help teams quickly form and perform together.

This is an interactive 1-day workshop suitable for postgraduate researchers.

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